

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
3  Texas Tommy on Torpedo Roll  <b>FEATURED VEGGIES</b> BBQ Beans Veggie Patch	4  Double Beef Soft Tacos  <b>FEATURED VEGGIES</b> Spanish Rice Veggie Patch	5  Buffalo Chicken Dip w. Tortilla Chips  <b>FEATURED VEGGIES</b> Celery Sticks Veggie Patch	6  General Tso Chicken w. Brown Rice  <b>FEATURED VEGGIES</b> Steamed Broccoli Veggie Patch	7  Pizza by the Slice  <b>FEATURED VEGGIES</b> Caesar Salad Veggie Patch	
					<b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry
10  Bacon Cheddar Pierogis w. Fixings  <b>FEATURED VEGGIES</b> Cucumber Salad Veggie Patch	11  Macaroni & Cheese w. Dinner Roll  <b>FEATURED VEGGIES</b> Poppin' Peas Veggie Patch	12  Homemade Chili w. Corn Bread  <b>FEATURED VEGGIES</b> Sweet Potato Fries Veggie Patch	13  Roasted Turkey Sliders  <b>FEATURED VEGGIES</b> Pasta Salad Veggie Patch	14  Pizza by the Slice  <b>FEATURED VEGGIES</b> Caesar Salad Veggie Patch	
					<b>Daily Alternates</b> Chicken Patty Spicy Chicken Patty Cheeseburgers Salads Hoagies Wraps
17  Orange Chicken w. Veggie Lo' Mein  <b>FEATURED VEGGIES</b> Steamed Broccoli Veggie Patch	18  Beef Walking Tacos  <b>FEATURED VEGGIES</b> Mexican Street Corn Veggie Patch	19  Meatball Sub on a Toasted Roll  <b>FEATURED VEGGIES</b> Glazed Carrots Veggie Patch	20  Grilled Cheese on Texas Toast  <b>FEATURED VEGGIES</b> Tomato Soup Veggie Patch	21  Pizza by the Slice  <b>FEATURED VEGGIES</b> Caesar Salad Veggie Patch	
24  Nashville Hot Chicken & Waffles  <b>FEATURED VEGGIES</b> Green Beans Veggie Patch	25  Chicken Nachos Grande  <b>FEATURED VEGGIES</b> Black Beans Veggie Patch	26  Italian Dunkers w. Marana Sauce  <b>FEATURED VEGGIES</b> Mashed Potatoes Veggie Patch	27  Chic-fil-a Chicken Sandwich  <b>FEATURED VEGGIES</b> Broccoli Salad Veggie Patch	28  Pizza by the Slice  <b>FEATURED VEGGIES</b> Caesar Salad Veggie Patch	
31  Pizza Crunchers  <b>FEATURED VEGGIES</b> Mixed Veggies Vegie Patch					
<b>Your Team</b> Katie Mowry , Food Service Director 856.456.7000 ext. 4404 <a href="mailto:GLC@metzcorp.com">GLC@metzcorp.com</a>			<b>Meal Prices</b> Student Breakfast FREE Reduced Breakfast FREE Faculty Breakfast \$4.00		   FOOD MANAGEMENT, INC. by Metz

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

